

Don't forget to eat your vegetables.

November Menu Inman Primary School

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

1

8

(15)

(22

(29)

November

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

2

9

(16)

(23)

30

FRIDAY

3

(10

(17

24

Choose**MyPlate**.gov

Hot Dog on a Bun

31

7

(14)

(21)

28

Soft Beef Tacos Lettuce, Tomato, Cheese

Pretzel Bites w/Cheese Cubes

Spicy Pinto Beans

Italian Meatball Sub

Oven Roasted Chicken rench Bread

Ham Deli Sandwich

Baked Potato Halves

Pepperoni Pizza

Cowboy BBQ Burger

Yogurt Pak with Bagel

Roasted Broccoli

Sloppy Joe on a Bun

Turkey BLT Flatbread

Chicken Caesar Wrap

Sweet Potato Fries

Macaroni & Cheese

Chicken and Cheese Quesadilla Turkey Deli Sub Sandwich

Garden Green Beans Plum Cobbler

Crispy Chicken Tender Basket French Bread

Fish Nugget Basket French Bread Ham Munchable

Seasoned Ranch Wedges

Walking Taco

Lettuce, Tomato, Cheese

Ham and Cheese Calzone

Turkey Deli Sub Sandwich

Black Beans

Hamburger on a Bun

Cheesy Italian Flatbread

Crispy Chicken Salad

Broccoli Salad

(13

20

27

6

Parmesan Chicken Bites Buttered Noodles

Build Your Own Baked Potato Soft Pan Roll WG Chips, Salsa & Cheese

California Blend Vegetable

Cubes

Corn Doa

Turkey Nachos Supreme

Turkey BLT Salad

Spicy Pinto Beans

Cheese Pizza

Creamy Chicken Enchilada Mexican Brown Rice Chef Salad

Coleslaw

Lunch Brunch Sandwich

BBQ Pulled Pork on Ciabatta

Honey Mustard Ham Wrap

Tator Tots

Thanksgiving Turkey and

Gravy Cranberries Soft Pan Roll

Salisbury Steak Sandwich

Southwest Chicken Salad

Mashed Potatoes Bread Stuffing

Harvest Bar

Pancakes

Peach Topping Food Court Smoothie Cheese Stick

Biscuits & Gravy Food Court Smoothie Turkey BLT Wrap

Breakfast Potato Casserole

Crispy Chicken Nuggets Cornbread

Roast Pork & Gravy Cornbread Egg & Chicken Salad Slider

Combo Honey Mint Rutabaga Cinnamon Sweet-Apples BBQ Chicken on Ciabatta

Philly Flatbread

Chef Salad

Calico Bean Bake Birthday Cake

NO SCHOOL - HAPPY THANKSGIVING!

NO SCHOOL - HAPPY THANKSGIVING

Chili in a Bread Bowl

Corn Dog

Chicken Caesar Wrap

Seasoned Ranch Wedges

Crispy Chicken Tenders Soft Pan Roll

Salisbury Steak Sandwich

Ham Deli Sub Sandwich

Mashed Potatoes

BBQ Pulled Pork Sandwich

Italian Stromboli

Turkey Munchable

Coleslaw Chocolate Chip Cookie Beefy Nachos with Cheese

Chicken Bacon Ranch Melt

Turkey Deli Sub Sandwich

Refried Beans



PRICES

Regular PK-3 \$2.55 Regular 4-12 \$2.70

\$0.40 Reduced Adult \$3.70

\$0.45

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch. Entree Salads are served with Dinner Roll For questions or comments, contact Mindy Riibe at 712-621-0042 or email riibem@roschools.org

